

Sports & Entertainment

Acadian Ambulance reminds public about importance of helmet safety for children to prevent brain injuries

June 16, 2025 - Acadian Ambulance reminds the public about the importance of children and adults wearing helmets whenever riding a bike, scooter, or engaging in any other activity where your head is vulnerable to injury, regardless of experience level. According to the Brain Injury Association of America, bicycle helmets have been shown to reduce the risk of head injury by 48-60% and reduce the risk of severe traumatic brain injury by 75%.

When an impact occurs, a helmet works by distributing the force over its surface, rather than concentrating on the head. The protective cushioning of thick

When buying a helmet for a child, it needs to fit them now, not to “grow into.” Encourage helmet use by leading by example (adults wearing helmets during bicycle activities) and letting them choose a helmet they like.

plastic foam inside the helmet absorbs the impact, highlighted by the American Academy of Orthopaedic Surgeons (AAOS). Selecting an appropriate helmet is important. Always purchase a new helmet after any significant impact to ensure continued protection.

Buyers should look for helmets that meet the safety standards set by the Consumer Product Safety Commission or the Snell Memorial Foundation. When trying on a helmet, take 5-10 minutes to ensure a proper fit:

- Snug: It should not slide from side to side or front to back on your head.
- Level: It should sit squarely on top of your head, covering the top of your forehead, without tilting in any direction.
- Stable: The chinstrap should securely keep the helmet from rocking. If any part of the buckle breaks, the chinstrap should be replaced.

Different sports and activities involve various types of impact, and helmets are designed to offer specific protection. Young children are susceptible to head injuries due to their larger heads and their coordination not yet fully developed. Children aged 5 to 14 have the highest injury rate among all bicycle riders, and bike accidents are a leading cause of death for children.

When buying a helmet for a child, it needs to fit them now, not to “grow into.” Encourage helmet use by leading by example (adults wearing helmets during bicycle activities) and letting them choose a helmet they like. Ultimately, wearing a helmet is a simple yet powerful way to prevent head injuries and create a safer environment.

Acadian Ambulance is the largest employee-owned ambulance service in the nation, providing transportation and medical services to areas in Louisiana, Texas, Mississippi, and Tennessee.

It is accredited by the Commission on Accreditation of Ambulance Services, and its sister division, Acadian Air Med, is accredited by the Commission on Accreditation of Medical Transport Systems.

Beale Street celebrates hospitality workers with appreciation night on June 23

MEMPHIS, TN, June 9, 2025—Memphis’ most iconic street is throwing a party for the people who make the city shine.

On Monday, June 23, from 6:00 PM to 8:00 PM, the Downtown Memphis Commission and Beale Street Management will host Hospitality Night on Beale Street, a special event honoring the hardworking individuals who keep the hospitality industry running—from servers and bartenders to housekeepers and chefs.

Ted White will oversee Academic Services and Student-Athlete Welfare ... from sports page 4

of California, Berkeley from 1997-2002 within the Athletic Study Center. Beginning as an academic counselor, White provided one-on-one and group academic counseling to athletes participating in football, basketball, rugby, track and field, cross country and former student athletes in the post-eligibility degree completion program. He also assumed roles as an associate director and interim director of the Athletic Study Center. His responsibilities grew to include policy and program development and implementation, along with coordination of all academic advising services among other duties. White also served as the

White also served as the university’s representative to the National Football League, Major League Baseball and National Basketball Association regarding continuing education programs.

university’s representative to the National Football League, Major League Baseball and National Basketball Association regarding continuing education programs.

White’s career in collegiate athletics began as the academic and eligibility coordinator at the University of California, Davis. He

worked with academic advisors, career services, post-graduate advising, admission, financial aid, judicial affairs, student programs and housing as a liaison between student-athletes, campus administration and the athletic department.

He was responsible for coordination of priority enrollment and academic planning for student-athletes, along with initiating AGS, a student-operated support organization for underrepresented student-athletes.

White served as a member of the NCAA Committee on Academic, the NCAA DI Legislative

Committee and the NCAA DI Transfer Working Group. He was also a member of the ACC Committee for Racial and Social Justice at the University of Virginia, also serving as Vice Chair of the ACC Baseball Committee. White is also a member of the N4A’s Committees on Student-Athlete Development and Legislative Services. Since 2020, White has also been the Committee Co-Chair for LEAD1’s Diversity, Equity and Inclusion Working Group.

White holds a master’s degree in sport management from the University of Richmond and a bachelor’s degree in communication

from the University of California, San Diego, where he was also a member of the Tritons baseball team. He also holds an Associate of Arts degree from Central Arizona College.

He is married to Carrie Leger White and is the father of two children, Jack and Sophie.

For complete information on Memphis Tigers Athletics, visit www.GoTigersGo.com and follow the team’s social media channels on Twitter, Instagram, and Facebook.

The evening kicks off at **Silky O’Sullivan’s** and stretches along Beale Street, with complimentary food and beverages for the first 100 attendees, live music, giveaways, and a guided history tour of the street beginning at 6:30 PM.

Attendees will also have a chance to shape the future of Downtown Memphis. During the event, the Downtown Memphis Commission will share highlights of its upcoming strategic plan and invite feedback from those who know Downtown best. Attendees are encouraged to register early via Eventbrite to secure a spot.

Happy Juneteenth!
Happy Freedom!

Logan wins Lowrance Bassmaster Elite trophy at Lake Tenkiller from sports page 3

lake as multiple rounds of strong storms and heavy rains moved through the second and third tournament days. All of this set up in Logan’s favor. Many of the similar scenarios he faced this week at Tenkiller he has seen on his home lake of Neely Henry, including where the bass tended to set up. “For some reason, the little area I found, the bass just kept coming to it. I don’t really know why,” he said. “Six of the Top 10 were fishing this stretch, and I would pull in behind them and catch a 3-pounder.” Logan mainly fished the upper end of Lake Tenkiller, focusing on flooded bushes and cover in shallow water. One particular laydown, Logan said, produced 12 of his keeper bites and dozens of other bass that didn’t make his team.

“It was on a straight bank. It was just a laydown with some limbs coming off of it,” he explained. “Every time I went to it, I caught one. It was just on a flat, nothing bank. I never saw any bream around it, but it seemed like there might be something like that going on. It’s a good tree. Best tree on the lake.”

A 1/2-ounce green pumpkin Ark Randall Tharp Signature Flipping Jig paired with a Zoom Salty Chunk produced several of his biggest bites around the flooded cover. On the final day,

he received key bites around debris mats with a punch rig he built with a 1/2-ounce Ark tungsten weight, a green pumpkin punch skirt and a green pumpkin Zoom Z Hog.

He pitched both of those baits with a 7-foot-6 heavy Ark Wes Logan Signature Series FAFO Flipping Stick and 22-pound Sunline Shooter fluorocarbon. Each morning, however, Logan started in a marina where he fished around the remnants of a shad spawn. He filled in a limit using a 1/2-ounce Z-Man Jack-Hammer in the spot remover color paired with a ghost shad colored Zoom Shimmer Shad. Logan started Championship Sunday by filling out an 11-pound limit in a new marina in a 45-minute flurry before heading to his best stretches of flooded cover. That initial limit included a 3-pound smallmouth. The water rose noticeably on Day 4, but Logan was able to trigger key bites throughout the day, including that 5-1 that earned Phoenix Boats Big Bass of the Day honors.

The Lowrance Bassmaster Elite at Lake Tenkiller was hosted by the Oklahoma Ozarks Tourism Association.

For more information, visit Bassmaster.com.

Memphis Grizzlies acquire Kentavious Caldwell-Pope and Cole Anthony from Orlando from sports page 1

The 26-year-old Indiana native departs as the franchise’s all-time leader in free throw percentage (.883), third in 3-pointers made (812) and fourth in 3-point field goal percentage (.410).

He competed in 27 playoff games (22 starts) for the Grizzlies and averaged 16.9 points, 4.6 rebounds and 2.5 assists in 33.2 minutes.

Watch for The Mid-South Tribune’s Juneteenth/Fourth of July Special Edition!

